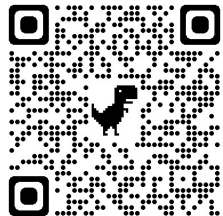


Our services are free. We do not bill government, private insurance, or anyone. The generous donations of money and time from grateful families, volunteers, and the community at large make our services possible.

You can support our work:

- Donate online at: volunteerhospice.org/Give
- Mail a check to:
Volunteer Hospice
829 East 8th Street
Port Angeles, WA 98362
- Sign up to volunteer at: volunteerhospice.org/JoinUs
- Name VHOCC in your will.
Contact our Development Director at 360.452.1511.
- Scan to give:



Volunteer Hospice of Clallam County is a 501(c)3 nonprofit organization.

Volunteer Hospice OF CLALLAM COUNTY

Caring for Clallam since 1978

*Grief support offered to anyone
in the community, regardless of
the circumstances of the death*



Office Hours:
Monday - Friday
9:00 AM - 4:00 PM

Photos courtesy of Gwo Jang Lin



Rev. Apr 2024

Volunteer Hospice OF CLALLAM COUNTY



Grief & Bereavement Program



829 East 8th Street
Port Angeles, WA 98362

360-452-1511
volunteerhospice.org

GRIEF IS ...



Losing someone you love or care deeply about is incredibly painful, and you may feel like the pain and sadness you are experiencing will never end.

Grief is universal, yet it is very personal and highly individual. The way we grieve depends on many factors: personality type, life experiences, religious/spiritual beliefs, and the nature of the loss itself.

For most people healing happens gradually. It cannot be forced or hurried, and there is no “normal” timetable for grieving. Whatever your grief experience, it is important to be patient with yourself.

Although we don't have the choice not to grieve, we can choose how we grieve and what we do with our grief. Sharing our feelings with the support of others is the single most important factor in healing from loss. Finding gentle, compassionate, and non-judgmental support is often the first step of the healing journey.

Our caring bereavement and grief support facilitators are here to serve you and accompany you on your journey.



Grief Support Programs

VHOCC recognizes the need for gentle and supportive aftercare for those who have suffered a loss. Grief support services are available to individuals in the community free of charge.

These services include:

- Structured support group meetings
- Follow-up drop-in meetings
- One-on-one bereavement support
- Specialized workshops
- Annual Remembrance Ceremony



Grief Support Groups

Grief support groups offer a safe and confidential environment where members can:

- share their feelings and experiences
- gain a clearer understanding of the grieving process
- develop coping strategies for managing the emotional pain of loss

Grief support groups are offered several times a year in Sequim and Port Angeles. Anyone who has attended a grief support group is welcome to join a drop-in group afterwards.

Call 360.452.1511 for details.

One-on-One Bereavement Support

For some individuals, seeing a bereavement facilitator in the comfort of their own home may be the preferred option. This is especially true in situations where grief is too fresh or too raw to be easily shared with others. Knowing what works best for you is important to the grieving process. Our caring volunteers are here to listen, accept, comfort, and assist you. Call 360.406.4439 to discuss your situation.

Specialized Workshops

The “Empower Yourself” Workshops offer practical answers to everyday problems and provide helpful resources for adapting to the change that comes with loss.

Topics may include:

- Home & auto maintenance
- Shopping & cooking for one
- Fraud prevention
- Household finances
- Long term care
- Self-care

The series is offered on a regular basis in Sequim and Port Angeles.

Call 360.452.1511 for further information.

